



**Dishes containing:** K AND DAIRY PRODUCTS

- GLUTEN
- EGGS
- CELERY

- COW PROTEINS
- MEAT

- VEGETABLES
- FISH
- NUTS

June 2017

St. Peter's School BCN (C7-PREU)



Monday 29	Tuesday 30	Wednesday 31	Thursday 1	Friday 2
starter	starter	starter	starter	starter
			SAUSAGES AND GREEN BEANS SAUTED RICE 1 CREAM OF LEAK AND POTATO SOUP 6 7	SPAGHETTI BOLOGNESE (HOMEMADE TOMATO SAUCE AND MINCE MEAT) 2 3 4 5 SPINACHS CANNELLONI AU GRATIN 8 9 10 11
main dish	main dish	main dish	main dish	main dish
			PLAIN OMELETTE 12 HOMEMADE BREADED CHICKEN BITES WITH FRIED CORN 14 15 16 17 18	GRILLED PORK LOIN 13 GRILLED TURKEY 19
side dish	side dish	side dish	side dish	side dish
			SAUTEED PEAS	MUSHROOM SAUTEED
dessert	dessert	dessert	dessert	dessert
			FRESH FRUIT	FRESH FRUIT
<b>Desayunos</b>				
			HOT SANDWICH HAM AND CHEESE OR NATURAL FRUIT	HOT DOG OR FRESH FRUIT

**Special Dietary Needs**

- 1. Green beans frited rice
- 2. Gluten-free pasta
- 3. Egg-free pasta
- 4. Napolitana sauce
- 5. Napolitana sauce
- 6. Without dairy products
- 7. Without dairy products
- 8. Gluten-free meat canelloni
- 9. Egg-free pasta with "becharf" sauce
- 10. Pasta with sauteed vegetables
- 11. Pasta with sauteeed vegetables
- 12. Vegetarian omelette
- 13. Grilled dogfish
- 14. Gluten-free breadding
- 15. Egg-free breadding and without mayonnaise
- 16. Fried hake sticks
- 17. Breaded without fried corn
- 18. Without mayonnaise
- 19. Grilled dogfish



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Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
<p>starter</p> <p><b>Holiday</b></p> <p>main dish</p>	<p>starter</p> <p>RICE WITH HOMEMADE TOMATO SAUCE</p> <p>PASTA SALAD</p> <p>main dish</p>	<p>starter</p> <p>CREAM OF VEGETABLE SOUP (POTATOES, GREEN BEANS, COURGETTE, CARROT AND ONION)</p> <p>main dish</p>	<p>starter</p> <p>LENTIL AND VEGETABLE STEW (sauteed onions, garlic, red pepper and tomato)</p> <p>LENTIL SALAD</p> <p>main dish</p>	<p>starter</p> <p>"FIDEUA" WITH ALIOLI</p> <p>CASSEROLE WITH SAUSAGE AND PEAS</p> <p>main dish</p>
<p>side dish</p>	<p>side dish</p> <p>MEAT CROQUETTES</p> <p>TUNA PASTY</p> <p>side dish</p>	<p>side dish</p> <p>BAKED COD (WITH ONION AND TOMATO)</p> <p>BAKED CHICKEN (ONION AND TOMATO)</p> <p>side dish</p>	<p>side dish</p> <p>BEEF BURGER</p> <p>BEEF STEW</p> <p>side dish</p>	<p>side dish</p> <p>SPANISH OMELETTE WITH ONION</p> <p>BAKED EGGS IN BECHAMEL</p> <p>side dish</p>
<p>dessert</p>	<p>dessert</p> <p>JULIENNE LETTUCE</p>	<p>dessert</p> <p>COUS COUS</p>	<p>dessert</p> <p>MUSHROOM SAUTEED</p>	<p>dessert</p> <p>TOMATOES AU GRATIN WITH CHEESE</p>
<p>dessert</p>	<p>dessert</p> <p>FRESH FRUIT</p>	<p>dessert</p> <p>DAIRY DESSERT</p>	<p>dessert</p> <p>FRESH FRUIT</p>	<p>dessert</p> <p>FRESH FRUIT</p>
<b>Desayunos</b>				
<p>dessert</p>	<p>dessert</p> <p>CREAM CHOCOLATE SANDWICH OR FRESH FRUIT</p>	<p>dessert</p> <p>CHEESE SANDWICH OR FRESH FRUIT</p>	<p>dessert</p> <p>GRILLED CHICKEN SANDWICH OR FRESH FRUIT</p>	<p>dessert</p> <p>TURKEY SANDWICH OR FRESH FRUIT</p>

**Special Dietary Needs**

- |                            |                                    |                            |                              |                 |
|----------------------------|------------------------------------|----------------------------|------------------------------|-----------------|
| 1. Gluten free pasta       | 11. Gluten-free pasta              | 21. Grilled dogfish        | 31. Grilled dogfish          | 41. Mixed salad |
| 2. Egg free pasta          | 12. Egg-free pasta                 | 22. Gluten free croquettes | 32. Gluten-free breaded hake |                 |
| 3. Without cheese          | 13. Gluten-free pasta              | 23. Grilled chicken        | 33. Egg-free breaded hake    |                 |
| 4. Without cheese          | 14. Egg-free pasta                 | 24. Fish croquettes        | 34. Ham croquettes           |                 |
| 5. Without celery          | 15. Green beans with potatoes      | 25. Grilled chicken        | 35. Baked hake               |                 |
| 6. Boiled mixed vegetables | 16. Green beans with potatoes      | 26. Grilled chicken        | 36. Gluten-free flour        |                 |
| 7. Gluten-free pasta       | 17. Tunaless                       | 27. Grilled chicken        | 37. Grilled fish             |                 |
| 8. Egg-free pasta          | 18. Mixed salad                    | 28. Fish burger            | 38. Grilled fish             |                 |
| 9. Vegetable pasta         | 19. Rice casserole with vegetables | 29. Fish burger            | 39. Grilled beef             |                 |
| 10. Without celery         | 20. Without peas                   | 30. Vegetarian omelette    | 40. Grilled chicken          |                 |



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Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
<p>starter</p> <p>BOILED POTATO, CARROT AND BROCCOLI</p> <p>RUSSIAN SALAD</p> <p>6 7 8</p> <p>main dish</p>	<p>starter</p> <p>SAUTEED PASTA WITH GREEN BEANS AND ONION</p> <p>1 2</p> <p>SPIRALS NAPOLITANA (homemade tomato sauce)</p> <p>9 10 11 12</p> <p>main dish</p>	<p>starter</p> <p>COLD CARROT SOUP</p> <p>"GAZPACHO" (COLD TOMATO SOUP)</p> <p>13</p> <p>main dish</p>	<p>starter</p> <p>VEGETABLE PAELLA (RED AND GREEN, PEPPERS, ARTICHOKES, LEEK AND GREEN BEANS)</p> <p>3 4</p> <p>RICE WITH HOMEMADE TOMATO SAUCE</p> <p>main dish</p>	<p>starter</p> <p>LENTIL AND VEGETABLE STEW (sauteed onions, garlic, red pepper and tomato)</p> <p>5</p> <p>NACHOS AVOCADO PEAR AND CHEDDAR SAUCE</p> <p>14 15 16</p> <p>main dish</p>
<p>MEATBALLS IN SAUCE</p> <p>17 18 19</p> <p>"CHIMICHURRI" GRILLED PORK LOIN</p> <p>30</p> <p>side dish</p>	<p>CHEESE OMELETTE</p> <p>20 21 22</p> <p>SEA BASS IN SAUCE</p> <p>31 32 33</p> <p>side dish</p>	<p>GRILLED CHICKEN BREAST</p> <p>23</p> <p>TURKEY CURRY STEW</p> <p>34 35 36</p> <p>side dish</p>	<p>MARINATED DOGFISH</p> <p>24 25</p> <p>GRILLED SALMON IN GARLIC AND LEMON SAUCE</p> <p>37</p> <p>side dish</p>	<p>BRADED BEEF STEAK (FLOUR EGG AND BREADCRUMBS)</p> <p>26 27 28 29</p> <p>CHICKEN IN MOLE SAUCE</p> <p>38 39 40 41 42 43 44 45</p> <p>side dish</p>
<p>MUSHROOM SAUTEED</p> <p>dessert</p>	<p>BOILED POTATOES AND PEAS</p> <p>dessert</p>	<p>COUS COUS</p> <p>dessert</p>	<p>FRIED AUBERGINES WITH HONEY SAUCE</p> <p>dessert</p>	<p>BOILED RICE</p> <p>dessert</p>
<p>FRESH FRUIT</p>	<p>FRESH FRUIT</p>	<p>FRESH FRUIT</p>	<p>DAIRY DESSERT</p>	<p>FRESH FRUIT</p>
<b>Desayunos</b>				
<p>LIGHT CHEESE SANDWICH OR FRESH FRUIT</p>	<p>CURED HAM SANDWICH OR FRESH FRUIT</p>	<p>CREAM CHOCOLATE SANDWICH OR FRESH FRUIT</p>	<p>HOT SANDWICH HAM AND CHEESE OR NATURAL FRUIT</p>	<p>HOT DOG OR FRESH FRUIT</p>

**Special Dietary Needs**

- |                                |                                    |                         |   |                                 |
|--------------------------------|------------------------------------|-------------------------|---|---------------------------------|
| 1. Gluten-free pasta           | 11. Without cheese                 | 21. Plain omelette      | 31. Gluten-free flour                   | 41. Fish stew                   |
| 2. Egg-free pasta              | 12. Without cheese                 | 22. Plain omelette      | 32. Meat stew                           | 42. Without broth and chocolate |
| 3. Without peas                | 13. Without bread                  | 23. Grilled hake        | 33. Without celery                      | 43. Without broth and chocolate |
| 4. Without celery              | 14. Guacamole on gluten-free toast | 24. Grilled dogfish     | 34. Grilled fish                        | 44. Without almonds and nuts    |
| 5. Boiled mixed vegetables     | 15. Guacamole on toast             | 25. Grilled beef        | 35. Without curry                       | 45. Without broth               |
| 6. Without egg and mayonnaise  | 16. Guacamole on toast             | 26. Gluten-free breaded | 36. Without curry                       |                                 |
| 7. Without tuna                | 17. Fishballs                      | 27. Breaded eggless     | 37. Grilled chicken                     |                                 |
| 8. Without mayonnaise and peas | 18. Homemade fishballs             | 28. Breaded fish        | 38. Gluten-free bread and without broth |                                 |
| 9. Gluten free pasta           | 19. Grilled beef                   | 29. Breaded fish        | 39. Without broth                       |                                 |
| 10. Egg free pasta             | 20. Vegetarian omelette            | 30. Grilled hake        | 40. Without broth                       |                                 |



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Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
<p>starter</p> <p>COURGETTE SOUP ( POTATO AND ONION) WITH HARD-BOILED EGG</p> <p>1</p> <p>CAULIFLOWER CHEESE WITH HAM</p> <p>8 9 10 11 12 13</p> <p>main dish</p>	<p>starter</p> <p>BOILED POTATOES WITH GREEN BEANS</p> <p>MIXED VEGETABLES (POTATOES, CARROTS, GREEN PEAS AND COURGETTES) WITH MAYONNAISE</p> <p>14 15</p> <p>main dish</p>	<p>starter</p> <p>PASTA BOWS " AMATRICIAN" (TOMATO SAUCE AND BACO)</p> <p>2 3 4 5 6 7</p> <p>RICE SALAD (DICED TOMATO, GREEN OLIVES AND PINEAPPLE)</p> <p>main dish</p>	<p>starter</p>	<p>starter</p>
<p>GRILLED PORK LOIN</p> <p>16</p> <p>PORK CHOPS WITH HONEY SAUCE</p> <p>21 22 23</p> <p>side dish</p>	<p>GRILLED SAUSAGES</p> <p>17</p> <p>DICE TURKEY STEW WITH VEGETABLES (POTATO, GREEN BEANS, PEA AND CARROTS)</p> <p>24 25</p> <p>side dish</p>	<p>BREADED CHICKEN(FLOUR,EGG AND BREADCRUMBS)</p> <p>18 19 20</p> <p>BAKED CHICKEN (ONION AND TOMATO)</p> <p>26</p> <p>side dish</p>	<p>main dish</p>	<p>main dish</p>
<p>DICED POTATOES</p> <p>dessert</p>	<p>SAUTEED PEAS</p> <p>dessert</p>	<p>CHIPS</p> <p>dessert</p>	<p>dessert</p>	<p>dessert</p>
<p>FRESH FRUIT</p>	<p>FRESH FRUIT</p>	<p>ICE CREAM</p>		
<b>Desayunos</b>				
<p>COOKED HAM SANDWICH OR FRESH FRUIT</p>	<p>CREAM CHOCOLATE SANDWICH OR FRESH FRUIT</p>	<p>CHEESE SANDWICH OR FRESH FRUIT</p>		

**Special Dietary Needs**

- |                       |                         |                        |
|-----------------------|-------------------------|------------------------|
| 1. Without egg        | 11. Without "bechamel"  | 21. Grilled chops pork |
| 2. Gluten free pasta  | 12. Without "bechamel"  | 22. Grilled dogfish    |
| 3. Egg free pasta     | 13. Without ham         | 23. Grilled chops pork |
| 4. Napolitana sauce   | 14. Without mayonnaise  | 24. Baked fish         |
| 5. Napolitana sauce   | 15. Without mayonnaise  | 25. Without peas       |
| 6. Napolitana sauce   | 16. Grilled dogfish     | 26. Baked hake         |
| 7. Napolitana sauce   | 17. Grilled dogfish     |                        |
| 8. Without "bechamel" | 18. Gluten free breaded |                        |
| 9. Without cheese     | 19. Egg free breaded    |                        |
| 10. Without ham       | 20. Breaded hake        |                        |