



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1P VEGETABLES CREAM (green beans, carrot and potato)</p> <p>2P MEAT CANNELLONI AU GRATIN WITH BECHAMEL (1, 2, 3, 4, 6, 7, 8, 9, 10, 14)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">3</p>	<p>2P TURKEY STEW WITH CURRY, BOILED BROCCOLI AND COUSCOUS (1, 6, 12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">4</p>	<p>1P SAUTEED RICE WITH VEGETABLES (onion, leek, green beans, carrot and mushrooms) AND FISH STICKS AND DRESSED TOMATO (1, 3, 4)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">5</p>	<p>1P LENTILS & VEGETABLES STEW</p> <p>2P BAKED CHICKEN WITH ORANGE (12)</p> <p>GU MASHED APPLES AND POTATOES WITH CINNAMON (7)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">6</p>	<p>1P NAPOLITAN PASTA (homemade tomato sauce) (1, 3, 7)</p> <p>2P GRILLED PORK SAUSAGES (12)</p> <p>GU SAUTEED SWEET CORN</p> <p>PO YOGURT (7)</p> <p style="text-align: right;">7</p>
<p>1P PASTA WITH PEAR SAUCE, ZUCCHINI AND CHEESE (1, 3, 7)</p> <p>2P ZUCCHINI, ONION AND POTATO OMELETTE (3)</p> <p>GU FRESH SALAD (lettuce, red pepper, and carrot) (12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">10</p>	<p>1P BOILED GREEN BEANS AND POTATOES</p> <p>2P GRILLED BEEF BURGUER (12)</p> <p>GU HOMEMADE RATATOUILLE</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">11</p>	<p>1P BOILED CHIKPEAS, POTATOES AND CARROTS, BAKED CHICKEN IN LEMON SAUCE AND FRESH SALAD</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">12</p>	<p>1P VEGETABLES CREAM (green beans, chard, carrot and potato) (7)</p> <p>2P GRILLED PORK LOIN IN "CHIMICHURRI" SAUCE (12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">13</p>	<p>RICE SALAD WITH PINK SAUCE (optional) AND BAKED COD (onion and natural tomato) AND CARROTS STICKS IN TEMPURE (1, 2, 3, 4, 6, 7, 9, 12)</p> <p>PO YOGURT (7)</p> <p style="text-align: right;">14</p>
<p>1P LENTILS & VEGETABLES STEW</p> <p>2P ZUCCHINI OMELETTE (3)</p> <p>GU LETTUCE AND SOY SALAD (6, 12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">17</p>	<p>1P ZUCCHINI CREAM</p> <p>2P TURKEY STEW (12)</p> <p>GU SAUTEED BROWN RICE (7)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">18</p>	<p>NAPOLITAN PASTA (homemade tomato sauce), GRILLED HAKE AND FRESH SALAD (1, 3, 4)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">19</p>	<p>1P SAUTEED NOODLES WITH VEGETABLES (1, 6)</p> <p>2P CHICKEN WINGS TIKKA MASALA (chicken wings indian style) (1, 7, 9, 10, 11)</p> <p>GU CHIPS</p> <p>PO VANILLA AND CHOCOLATE ICE CREAM (6, 7)</p> <p style="text-align: right;">20</p>	<p>BOILED VEGETABLES WITH POTATOES , GRILLED PORK SAUSAGES AND FRESH SALAD (12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">21</p>
	<p>1P RICE WITH HOMEMADE TOMATO SAUCE</p> <p>2P CHICKEN CROQUETTES (1, 2, 3, 4, 6, 7, 14)</p> <p>GU FRESH SALAD</p> <p>PO YOGURT (7)</p> <p style="text-align: right;">24</p>	<p>1P LEEK AND POTATOES CREAM (7)</p> <p>2P HOMEMADE HAM PIZZA (tomato sauce, mozzarella and olives) (1, 6, 7)</p> <p>GU LETTUCE, OLIVES AND SWEET CORN SALAD</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">25</p>	<p>1P RUSSIAN SALAD, BAKED CHICKEN WITH LEMON SAUCE AND GRILLED AUBERGINES WITH HONEY SAUCE (optional) (1, 3, 4)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">26</p>	<p>2P PASTA SALAD, GRILLED SALMON AND FRESH SALAD (1, 3, 4, 12)</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">27</p>
<p>1P BOILED GREEN BEANS AND POTATOES</p> <p>2P GRILLED TURKEY WITH LEMON VINAIGRETTE (12)</p> <p>GU FRESH SALAD</p> <p>PO FRESH FRUIT</p> <p style="text-align: right;">31</p>				

Validated menus by our SANED dietitians-nutritionists (CAT000409)

ALLERGENS:

